

NOVEMBER 2023



Dear Black Woman,

A LOVE LETTER TO BLACK WOMEN LEADERS





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We see you.

Pushing, loving, leading, resting.

**With each day comes new news—of Black suffering,
heartbreak, grief and fear. And yet, we know that we
are more than these stories.**

Because all we see is you.





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**We see you, each day, waking up to new ways
and new suns, accessing freedom in your body,
breath, space and mind.**

**We see you, each day, showing up to reimagine
and rebuild new systems of justice and safety for all.**

**We see you working to realize your dreams
through joy and weary tears, even with such few
dollars and little support.**

**And we see you, rising, surviving, thriving.
Spinning straw into gold, with the wealth of your
community and your brilliance driving you forward.**





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Your commitment is not episodic. It's not tied to the 'gram or to news cycles—it's unwavering, and grounded in love.

The world has asked us to mend what has been long broken, to carry it all as if our backs could never be broken.

But you, Black woman, are so much more.

We are architects. We are strategists.

We are leaders.

We are creators. We are visionaries.

Our power is ancient and deep.

Because this work—this persistent freedom work—has always existed.





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**Together, we stand on the shoulders
of our ancestors.**

**Their blood and tears have watered the ground
beneath us, where seedlings of freedom
have been planted over time and space,
as a map to justice for all.**

**And in our body and soul, our ancestors send
a reminder of the gifts bestowed upon us:
what it means to resist, persist and thrive.**

**They remind us that to forge and see a new path to
freedom, taking care of ourselves—first—is
what we must do.**

**It is a health imperative. It is a justice imperative.
For our health, our world, and the generations ahead.
Because the revolution resides in our joy
and healing.**





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**The road to justice is long and weary—
but there is danger in grinding our way through it.**

And so we urge you:

**Do not let the world burn you out and run you out.
Love on yourself, and rest.**

**Rest to reimagine. Rest to restore.
Rest to create the world you've always dreamed of.**

**A world where you are not a martyr nor a mule,
not fuel for transformative change.
But a human that is whole, safe and free.
Black woman, we know this to be true.**

Because all we see is you.





A LOVE LETTER TO BLACK WOMEN LEADERS

With Love, *The Highland Project*

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